



Newsletter Number 15

10th September 2026

Upcoming Dates

Footy Colours Day (wear your team colours – gold coin donation)	Friday 11 th September
Swimming (Monday – Friday)	Monday 14 th Sept – Friday 18 th Sept
Last day of Term 3 (2.15pm finish)	Friday 18 th September
Assembly (1.45pm-2.15pm) Please note change of time	Friday 18 th September
First day of Term 4	Monday 5 th October
Book Fair – Make A Wish	Wednesday 7 th October
Book Fair (Open to Parents/Grandparents 3pm – 3.30pm)	Thursday 8 th October

If your child has come home in clothing from school due to an accident or wet weather, could you kindly return this washed, so that we can reuse them. Currently our cupboard is bare, so if your child requires clothing, you may be called to drop some off.

If by chance you have any navy tracksuit pants, in excellent condition, that you no longer require and would like to donate to the wet weather cupboard, it would be very much appreciated.



Message from the Principal/Assistant Principal

Footy Colours Day Tomorrow

We are all excited for Footy Colours day tomorrow. It would be great if families could search the house for a beanie, scarf, guernsey, or any sporting colours that will be fitting for the day. We are asking students to donate a gold coin to go towards the Royal Children's hospital appeal. This charity was chosen by our student leaders and student of the week recipients. We will have our regular assembly at 2.30pm and a footy colours parade on the basketball court at around 2.50pm.

The smell of finals is in the air so get behind our footy colours day and lets all have an enjoyable finish to the week!

Parent Opinion Survey

A friendly reminder to complete the parent opinion survey if you haven't already. We are desperately wanting to capture 50% of our families' opinions through this survey. The survey helps us drive future improvements and direction as a school and also provides an opportunity to celebrate any areas of success. See more details below;

<https://research.orima.com/parent>

Generic Pin- 222601

School Name- Mount Pleasant Primary School

Campus Name- Mount Pleasant Primary School

Swimming

Our Week 10 Swimming Program begins next week. Students will need to remember dry bathers, towel, spare underwear, goggles and maybe a pair of spare socks on a daily basis. It will be an action packed last week, so students will need to be in bed early ready for some fast paced days.

Holidays and Term 4 Start Up

At the end of Week 10 we will have a 2.15pm dismissal to start holidays. Students, families and staff will enjoy a two week break with school recommencing on Monday, October 5th. The spring holidays come at a great time with the days getting a bit longer and the sunshine poking through. Talking about sunshine, in Term 4 students will be required to wear a broad brim school hat daily. This is important for everyone's health and wellbeing and staff will be doing the same.

The holidays will be a great time to clean up our school uniforms and have them ready for Day 1, Term 4. We have been having a focus on wearing our school uniform with pride, so we look forward to seeing this in Term 4!

Mr Louis Franc – Principal

Mr Jarrod Rodgers – Assistant Principal/Wellbeing

Wellbeing & Engagement Section

Wellbeing News

We have had a great fortnight in the wellbeing space at the school. The past two weeks we have had a focus on our students wearing their school

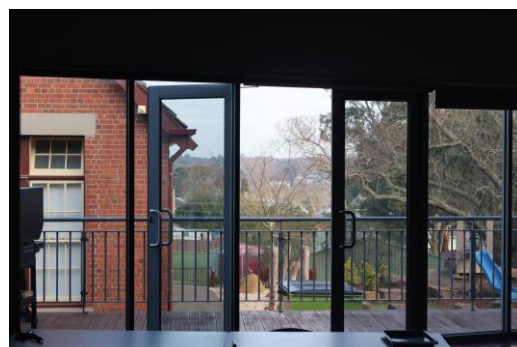
uniform with pride and this week our focus has been on 'showing **grit** when working! Our classroom teachers have been speaking to the students about the importance of showing persistence with challenging tasks.

We've loved seeing our students buy into our messaging of 'school pride'. This has led to several students asking to borrow equipment to do some work on our school grounds during recess and lunch- including doing some gardening/weeding out in our sensory garden! The kids are doing a great job.

As this is the last newsletter before the holiday break, we have a number of **Food Packs available** for families that need some extra support over the next few weeks. If you think you'd benefit from taking a food pack home- just reach out to me at Jarrod.Rodgers@education.vic.gov.au or pop into the front office and ask the ladies to organise one for you.

Father's Day Breakfast

Thanks to everyone for their support in our father's day breakfast last week! We had an incredible turnout, and it was great to see our MPPS community come together. Massive thank you to Courtney and Tom for jumping on the BBQ for the morning, and to all our teachers for making some time to come in and lend a hand! We can't wait to have more days like this in the future.



Attendance

Next week, families will receive an attendance summary outlining their child's Term 3 attendance data.

Regular attendance plays a critical role in both academic progress and social belonging. By sharing this data openly, we hope to provide a valuable touchpoint for families - whether that means celebrating positive achievements or sitting down together to set supportive attendance goals for the term ahead.

The Importance of Attendance

At Mount Pleasant Primary School, we prioritise regular attendance. We love working with families to ensure students are in class with their peers and teachers, enjoying all the benefits that school brings. Attending every day means experiencing what counts—the learning, friendships, fun, and opportunities that shape your child's future.

The Impact of Missing School Sometimes, missing "just a day here or there" doesn't seem like much, but it adds up rapidly:

- **1 day a fortnight** = more than 20 days of missed learning per year.
- **Over the course of primary school**, this equates to 120 days of lost education (nearly three full terms).

We understand that there are times when your child genuinely needs to miss school. However, to ensure minimal disruption to their education, please consider scheduling family holidays or



Need Support? Reach out to Jarrod Rodgers, Assistant Principal — 03 5332 3646 or Jarrod.Rodgers@education.vic.gov.au — for a confidential chat about wellbeing support for your child or family.



Open Parachute- Mental Health Program

We are excited to announce that we have joined a two-year partnership with Open Parachute & The Sebastian Foundation to embed Open Parachute's mental health curriculum into our classrooms. Our programs are designed by a team of Clinical Psychologists, Educators & Filmmakers, to teach mental health skills to all students in a way that is engaging and relatable, while being easy for educators to facilitate. Every lesson features an authentic peer voice, role modeling self-reflection and Resilience.

As part of this partnership we also have access to a number of resources for caregivers. This provides our families with their own online portal containing resources specifically for supporting their child's wellbeing at home.

Here's a snippet of a quick video around supporting healthy habits with social media for your children.

<https://learn.openparachuteschools.com/standalone/healthy-habits-with-social-media>

Caregiver 30 min

Share Lesson

Healthy Habits with Social Media



Lesson Objectives:

- Understand that social media can have an impact on your child
- Practice the skills of establishing no-screen times & developing healthy dialogue surrounding online activities

Begin Module



I respectfully acknowledge the Traditional Owners of Country throughout Victoria and pay respect to the ongoing living cultures of First Peoples.





If your child is missing a school jumper please check our lost property supply.

We urge families to **please name their school uniforms** so that items brought to the office can be returned to students.

Lunch Orders

Lunch Orders are every Thursday through the Grant Street Takeaway Shop. If you would like your child to have a lunch order, please write on a brown paper bag the child's name and classroom, what you would like to order, price and if you require any change. **Please note this is cash only.** Your child will then place this into the lunch order box first thing Thursday morning in their classroom to be collected. Price List is attached to the newsletter.

Kylie Lampard, Office Administration

Drop Off & Pick Up Times

Families are reminded that formal school supervision begins each day at 8:40am and concludes at 3:30pm. Before and after these times, teachers plan and prepare learning programs and meet together to discuss school matters.



Please respect this as important time for teachers in their professional practice; and ensure that you drop off your child/children between 8:40-9:00am each morning and collect them before 3:30pm.

NOW ACCEPTING 2027 ENROLMENTS

- Structured Literacy/Numeracy programs
- Onsite Out of Hours Care
- Arts Intensives for small group collaboration
- Specialist programs; Visual Arts, Performing Arts, PE, Chinese, Music



Students of the Week

Congratulations to the following students for being recognised for their achievements in our school with our Student of the Week. Continue being your best!

Term 3 Week 8 (below)

Hunter, Eve, Thomas, Brynn, Jemma, Nicholas, Rebecca,



Don't forget to bring your school hat, Term 4 its "no hat, no play".

You can purchase a hat from the front office for \$10.



Book Fair Thursday 8th October



The Scholastic Book Fair will be at Mount Pleasant Primary School on Thursday 8th October. Students will have the opportunity to view the books on Wednesday 7th October, where they can select books to put on a wish list. On the day of the Book Fair (Thursday 8th October) we encourage parents to send money to school with their children as students will have the opportunity to purchase books and staff will be there to assist them. The Book Fair will be open to parents from 3.00pm – 3.30pm. Enter through Trethowan St door to the Arts Centre. **PLEASE NOTE: school gates will close at 3.30pm.** If you have any queries, please contact the office.



Join the OSHC family and book now at extend.com.au

EXTEND UPDATE FROM TALIAH Mount Pleasant Primary School

Upcoming Activities in week 10:

Monday	Tuesday	Wednesday	Thursday	Friday
'Memories that stick' craft	Minute to Win It challenges	Pass the parcel	End of term bingo	Last day disco

The Extend Superstar is Dotty

For a wonderful start to her time in After School Care.

What's Been Happening?

In Term 3, we have engaged in lots of fun craft and STEM activities. Tamara and I worked hard to organise fun and engaging learning experiences for the children. Some highlights so far are tie-dye socks, marble art and Pokémon battles.



Reach out to Taliah by emailing mtpleasant@extend.com.au to find out more about our service.

Supporting Our Community

<https://play.melbournecityfc.com.au/ballarat-holiday-camps>



BALLARAT HOLIDAY CAMP

**21-23 SEPT
BOOK NOW**

AGES 5-14

**VIC PARK SOCCER FACILITY
MILITARY DRIVE, NEWINGTON**

BACKED BY CITY
REAL COACHING REAL PATHWAYS
REAL DEVELOPMENT



POWER FM BALLARAT
**AFL
SCHOOL
HOLIDAY
PROGRAM**

**WED 23RD SEPT
9AM – 3PM**
CITY OVAL (ENTRY VIA MAIR ST)

WHAT'S INCLUDED?
**COACHING + SKILLS
GAMES + CHALLENGES**
ACTIVITIES FROM THE WESTERN BULLDOGS
SUNNY + ZEUS THE WESTERN BULLDOGS MASCOTS
BBQ LUNCH + INFLATABLES!
FREE FOOTY TO TAKE HOME
JUST \$55 PER CHILD!

For children aged 4-12
Spots are limited
REGISTER NOW

AFL PLAY



POWER 103.1 FM
Ballarat's Hit Music Station

BASKETBALL HOLIDAY CAMPS

WEDNESDAY 23RD & THURSDAY 24TH SEP
BUXTON MINERDOME • 9AM - 3PM

WEDNESDAY 30TH SEP & THURSDAY 1ST OCT
SELKIRK STADIUM • 9AM - 3PM

**DISCOUNTS
FOR MULTIPLE
DAYS AND
CHILDREN!**

SCAN TO SIGN UP

**SELECT OUR
SCHOOL AND
WE GET
\$5 BACK**



extend
BEFORE • AFTER
SCHOOL CARE

WE'VE GOT YOUR BACK

Book Early for Term 4!

Need one less thing to plan? We've got your back.

Between school runs, work, and everything in between,
we know your plate is full.

With Term 4 just around the corner, now's the perfect time to get organised early
and tick one more thing off your list.

At Extend, we're here to make your family's routine that little bit easier.

PLAN AHEAD FOR TERM 4!

Get ready for a fun-packed Term 4 at
Extend with lots of activities, games for all
ages and a safe, enriching environment
built for learning and play!

SAVE WITH OUR EARLY BIRD RATE

Book 14 days in advance on all sessions to
receive the best price!



ENROL AND BOOK NOW FOR TERM 4 WITH EXTEND!
SCAN THE QR CODE OR VISIT [EXTEND.COM.AU](https://www.extend.com.au) TO BOOK





EXTEND IS PROVIDING OUTSIDE SCHOOL HOURS CARE AT MOUNT PLEASANT PRIMARY SCHOOL, BALLARAT

Session Type	Fee Before CCS (Early Bird Rate)	Out of Pocket*
Before School Care	\$31.65	Pay from \$7.71 after CCS
After School Care	\$39.95	Pay from \$7.03 after CCS

*The above "Out of Pocket" is based on the maximum entitlement for CCS calculated on Early Bird Rate.

Think You Don't Qualify for Child Care Subsidy? **Think again.**

If your family earns a combined income **less than \$538,520**, and you or your partner are an Australian citizen or permanent resident, there's a very good chance you're eligible for Child Care Subsidy (CCS).

Yes, you read that right. Almost **every** Australian family qualifies for government childcare savings.

Why pay full price when you could be saving up to 90% on Extend Before & After School Care?

That means a **\$39.95 session could cost you as little as \$7.03!**

See How Much You Could Be Saving In After School Care As an Example:

Estimated Annual Family Income	Approx Eligible CCS	Session Fee (Before CCS)	Estimated Fee (After CCS)
\$0 to \$88,520	90%	\$39.95	\$7.03
More than \$88,520 to \$188,520	89% to 70%*	\$39.95	\$7.40 - \$14.35
More than \$188,520 to \$288,520	69% to 50%*	\$39.95	\$14.71 - \$21.66
More than \$288,520 to \$388,520	49% to 30%*	\$39.95	\$22.03 - \$28.98
More than \$388,520 to \$538,519	29% to 1%*	\$39.95	\$29.34 - \$39.58
\$538,520 or more	0%	\$39.95	\$39.95

*The percentage goes down by 1% for every \$5,000 of income your family earns above \$88,520

*CCS savings shown are based on the After School Care rate as an example. Eligible Before School Care sessions follow the same CCS calculation framework; however, actual out-of-pocket costs will vary based on the session fee and each family's individual CCS entitlement and circumstances.

Visit my.gov.au or call 136 150 to claim your subsidy!

BOOK ONLINE TODAY

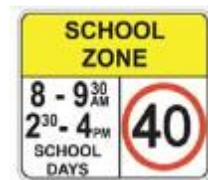
extend.com.au

Enrol & Book Now for Term 3

PARKING, TRAFFIC AND SCHOOL CROSSING INSPECTIONS

Please note that the City of Ballarat will be undertaking regular patrols to ensure parking compliance. Any breaches observed, will be enforced. This is to help ensure the safety of students and staff and the broader school community. We implore all road users to ensure that they adhere to the law to maintain the ongoing safety of everyone involved.

Student and community safety should be our priority.



Please help our school win the war against **head lice** by checking your child's hair over the holidays. Checking hair on a regularly basis helps us keep this issue under control. Thank you for your support.

STUDENT ABSENCE – PROCEDURE

To reduce absences, parents are asked to advise the school of impending student absences (between 8.30am and 9.00am) by:

- Telephone – 5332 3646
- Email – mount.pleasant.ps@education.vic.gov.au
- Or use the Parent Portal App



If your child is missing any belongings, please check our lost property at the office. We urge families to **please name their school uniforms/lunch boxes** so that items brought to the office can be returned to students.



Extend After School Care onsite at Mount Pleasant Primary School

Log online at www.extend.com.au or phone 1300 366 437 to book.

FOLLOW US ON
INSTAGRAM



@mountpleasantprimaryschool



Attending school every day means experiencing what counts - the learning, friendships, fun and opportunities that can shape their future.



Sentral e-resource

Registering on the Sentral for Parents App for the first time

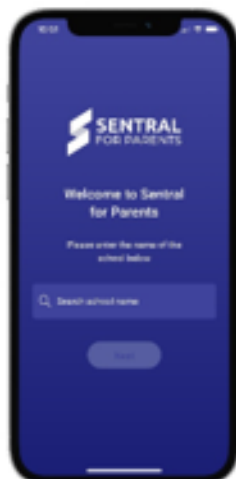


Sentral for Parents App

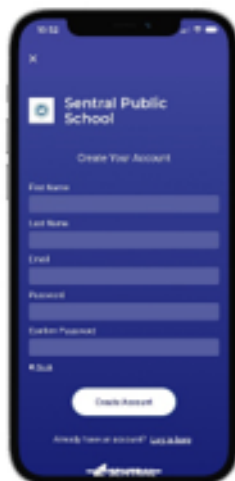
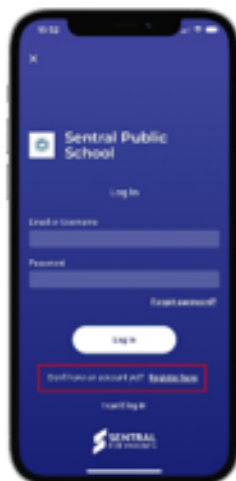
Step One: Download the Sentral for Parents app.



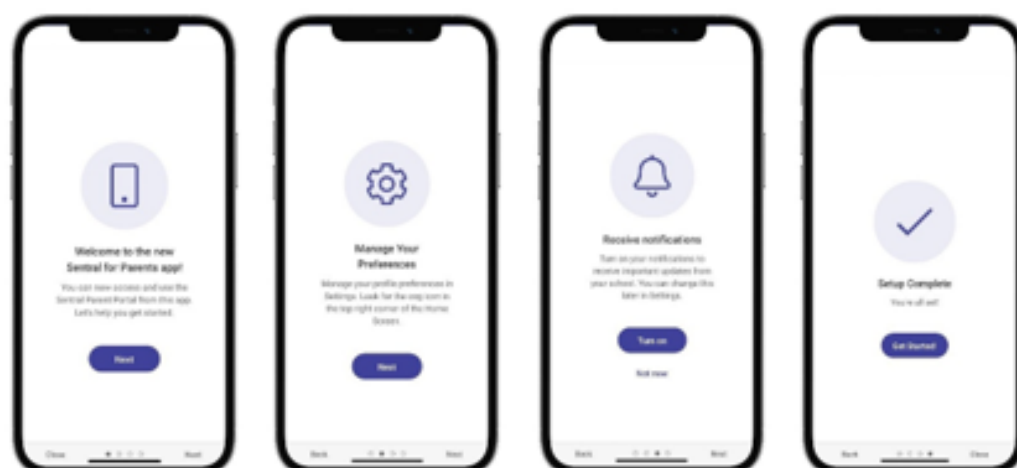
Step Two: Type in the school's name.



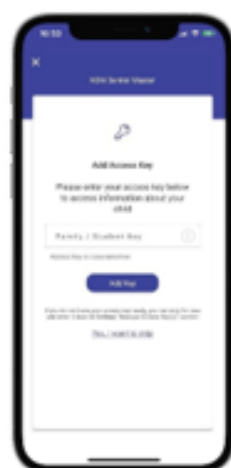
Step Three: Choose 'Register Here' from the bottom of the screen. Complete the details and choose 'Create Account'. You will receive a verification email which **MUST** be verified to continue. When the verification link is clicked it opens the log in screen in browser – close the browser and go back to the Sentral for Parents app.



Step Four: Choose your preferences



Step Five: Connect to your child in this screen 'Add Access Key'. The access key is written on the note/email sent to you from the school. It is case sensitive so type it in exactly as it appears in the note/email.



Step Five: You are now connected and can interact with the App.



New Price List 2026

Off the Grill		Cold Food	
Chicken Parma Roll	\$6.00	BLT Roll	\$6.00
Chicken Schnitzel Burger	\$6.00	Cheese Roll	\$6.00
Vegetarian Burger	\$6.00	Chicken & Salad Roll	\$6.00
Hot dog w/ Cheese & Sauce	\$6.00	Ham & Salad Roll	\$6.00
Cheese burger	\$6.00	Salad Roll	\$6.00
		BLT Sandwich	\$6.00
Hot Food		Cheese Sandwich	\$6.00
Chicken Nuggets(3)	\$3.00	Chicken & Salad Sandwich	\$6.00
Chicken Nuggets(6)	\$5.00	Ham & Salad Sandwich	\$6.00
Dim Sim	\$1.50	Salad Sandwich	\$6.00
Pie	\$6.00	BLT Wrap	\$6.00
Party Pie	\$1.80	Cheese Wrap	\$6.00
Party Sausage Roll	\$1.80	Chicken & Salad Wrap	\$6.00
Veggie Pastie	\$6.00	Ham & Salad Wrap	\$6.00
Tomato Sauce	\$0.50	Salad Wrap	\$6.00
BBQ Sauce	\$0.50	Garden Salad (Chicken or Ham)	\$6.00
Soy Sauce	\$0.50	Chicken Caesar Salad	\$6.00
Drinks			
Orange Juice	\$2.50		
Apple & Blackcurrant Juice	\$2.50	Snacks	
Strawberry Milk	\$3.00	Fruit Salad	\$4.00
Chocolate Milk	\$3.00	Yoghurt & Muesli	\$4.00